



SOCIETIES

SUPPORT OF CSOS IN EMPOWERING TECHNICAL SKILLS,
INCLUSION OF PEOPLE WITH DISABILITIES AND EU STANDARDS
IN SOUTH EAST EUROPE

ZAJEDNO DO ZAJEDNICE

Naziv projekata: Zajedno do zajednice

Organizacija: PROSTOR

Mesto: Beograd

Korisnici: 30 korisnika psihijatrijskih usluga

Cilj projekata je poboljšanje kvaliteta života korisnika psihijatrijskih usluga kroz obezbeđivanje kvalitetnog i strukturisanog programa psihosocijalne podrške u zajednici, odnosno kroz unapređenje programa „Kreativnog prostora za mentalno zdravlje“.

Tokom trajanja projekta obezbeđena je podrška potrebna za unapredjenje aktivnosti na programu. Sproveden je trening definisanja usluge socijalne zaštite i uslova za licenciranje, unapređeni kapaciteti tima i definisan koncept usluge koju udruženje pruža. Realizovano je istraživanje i objavljena publikacija o dominantnim psihosocijalnim teškoćama, efektima i iskustvima sa uslugama zaštite mentalnog zdravlja u zajednici. U cilju podizanja svesti javnosti i zagovaranja na temu zaštite mentalnog zdravlja u zajednici realizovano je više aktivnosti uključujući: potpisivanje protokola o saradnji sa relevantnim institucijama, organizovana online tribina „Prostor za mentalno zdravlje“ na kojoj je izrađen dokument „Preporuka za mentalno zdravlje“, održan okrugli sto sa predstavnicima opština, domova zdravlja i centara za socijalni rad, produkcija radio emisije „Da li ste vi normalni?“, obuka korisnika za korišćenje digitalnih tehnologija i internet, online i medijska promocija. Takođe, Prostor i tema mentalnog zdravlja ušli su u Plan Javnog zdravlja GO Zvezdara. Projekat je ponovo okupio članova udruženja korisnika psihijatrijskih usluga „Duša“. Zajedno sa partnerskim organizacijama osnovan je Pokret za mentalno zdravlje i održan prvi Beogradski festival mentalnog zdravlja.



TOGETHER TOWARDS COMMUNITY

Project name: Together towards community

Organization: PROSTOR

Location: Belgrade

Beneficiaries: 30 psychiatric service beneficiaries

The goal of the project is to improve the quality of life of psychiatric services beneficiaries by providing a quality and structured program of psychosocial support in the community by improvement of the program “Creative space for mental health”.

During the project, the support to the program was provided. The training on defining the social protection service and licensing conditions was conducted, the team capacities were improved and the concept of the service provided by the association was defined. A research has been conducted and issued the publication on dominant psychosocial difficulties, effects and experiences with community mental health services. In order to raise public awareness and advocate for mental health in the community, several activities were implemented, including: signing a protocol on cooperation with relevant institutions, organized an online forum “Space for Mental Health” where document “Recommendation for Mental Health” was created, a round table held with representatives of municipalities, health centers and social work centers, production of the radio show “Are you normal?”, digital technologies and the internet usage training for beneficiaries, online and media promotion. Also, the topic of mental health has been included in the Public Health Plan of municipality Zvezdara. The project again gathered members of the association of psychiatric services beneficiaries “Duša”. Together with partner organizations, Mental Health Movement was founded and the first Belgrade Festival of Mental Health was launched.

