



# SOCIETIES

Support Of CSOs In Empowering Technical skills,  
Inclusion of people with disabilities and Eu standards  
in South east Europe

## **“Psihosocijalna podrška osobama sa invaliditetom”.**

**Naziv projekta:** Psihosocijalna podrška osobama sa invaliditetom na severu Kosova

**Naziv organizacije koja je implementirala projekat:** Centar za Razvoj Žena

**Lokacija:** Severna Mitrovica

**Korisnici:** 305 osoba sa invaliditetom

**Značaj projekta:** kroz sproveden projekat OSI je omogućeno da besplatno dobiju usluge psihološkog savetovanja kako kroz lični kontakt tako i kroz telefonsku liniju i platforme za online komunikaciju. Kontakt sa psihologom kroz navedene načine im je omogućio da rade na svom mentalnom zdravlju, prevenciji, ali i na rešavanju već postojećih konflikata i problema iz svakodnevnog funkcionisanja. Takođe, da bi i nakon završetka projekta dobijali određeni vid podrške, kreirana je online aplikacija koja je besplatna, dostupna i prilagođena OSI. U predstavljanje i održavanje aplikacije uključeni su i studenti Filozofskog fakulteta, odsek psihologija, ali su i predstavnici opštinskih struktura upoznati sa aktivnostima, problemima i potrebama OSI

**Ostvareni rezultati:** Ukupno 305 korisnika je prošlo kroz savetodavne usluge za jačanje individualnih kapaciteta. Kroz ove sluge je omogućeno da OSI prevaziđe psihološke barijere u svim segmentima života, u kriznim situacijama, situacijama koje dovode do povišenog stresa, da pronađu mehanizme prevladavanja, itd. Takođe, ostvarena je saradnja sa ostalim organizacijama koje bave radom sa OSI kao i sa studentima psihologije koji će u narednom periodu pisati tekstovi. Tekstovi će biti postavljeni redovno na aplikaciji i biće dostupni postojećim i novim korisnicima.

## **“Psychosocial support for people with disabilities”.**

**Project title:** Psychosocial support for people with disabilities in northern Kosovo

**Name of the organization that implemented the project:** Center for Women's Development

**Location:** North Mitrovica

**Beneficiaries:** 305 people with disabilities

**Significance of the project:** through the implemented project, PWDs were provided with free psychological counseling services, both through personal contact and through the telephone line and online communication platforms, for beneficiaries from North Kosovo. Contact with a psychologist through the mentioned ways enabled them to work on their mental health, prevention, but also on resolving already existing conflicts and problems from everyday functioning. Also, in order to receive a certain type of support after the end of the project, an online application was created that is free, accessible and adapted to people with disabilities. Students of the Faculty of Philosophy, Department of Psychology were also involved in the presentation and maintenance of the application, but representatives of municipal structures were also introduced to the activities, problems and needs of PWDs.

**Achieved results:** A total of 305 beneficiaries underwent counseling services to strengthen individual capacities. Through these servants, people with disabilities are enabled to overcome psychological barriers in all segments of life, in crisis situations, situations that lead to increased stress, to find mechanisms for overcoming, etc. Also, cooperation has been established with other organizations that work with people with disabilities, as well as with psychology students who will write texts in the coming period. Texts will be posted regularly on the app and will be available to existing and new users.

